



Pushing the Limits of Change Suggested Reading and Discussion Questions

When devastating developments force us into a corner, we have to choose. Will we give up or push back? If we expand our thinking - and imagine a new reality for ourselves - we might just find a way to thrive in that new space.

Seven Elements that Changed the World

John Browne, Nonfiction. Our use of the Earth's mineral resources is not always for the benefit of humankind--our relationship with the elements is one of great ambivalence. Uranium is both productive (nuclear power) and destructive (nuclear bombs); iron is the bloody weapon of war, but also the economic tool of peace; our desire for alluring gold is the foundation of global trade, but has also led to the death of millions. John Browne, CEO of British Petroleum (BP) for twelve years, vividly describes how seven elements are shaping the world around us, for better and for worse.

Combining history, science, and politics, *Seven Elements* takes you on a present-day adventure of human passion and innovation. This journey is far from over: we continue to find surprising new uses for these seven elements. In this narrative of discovery, readers will come to understand how titanium pervades modern consumer society, how natural gas is transforming the global energy sector, and how an innovative new form of carbon could be starting a technology revolution. *goodreads.com*

- Which element were you most fascinated by? What about it captivated your attention?
- After reading this book, where do you see these seven elements in your own life? Do you find yourself observing the world differently now?
- This book blends science, politics, and history – how do you see these disciplines interconnecting?

